



IRON DAYS FESTIVAL 2016 BED RACE RULES

Bed Design

- Beds must measure at least 3 feet by 6 feet, but no more than 6 feet by 8 feet – handles included.
- Beds must include a mattress. Pads do not qualify.
- Beds must be designed with four functional wheels making contact with the road surface at all times. *NO motors or mechanical assistance is allowed, especially nitrous or rocket systems!*
- All beds will be inspected prior to racing for safety and/or mechanical issues.

Racing Teams

- Racing teams shall consist of one rider and three runners/pushers.
- Racers must be 12 years of age or older to participate.

Safety

- All bed racers MUST sign the Waiver of Liability and acknowledgement of the Bed Race Rules and Regulations before participating in the race.
- Theme or costume attire is strongly encouraged; however, *you must be attired!*
- All runners/pushers should wear athletic shoes suitable for street running.

During the Race

- Bed riders must sit or lay flat on the bed – *remember, this is not a surfing competition!*
- All runners/pushers must be in control of their bed until it comes to a complete stop.
- Teams should not interfere or impede the progress of an opposing team.

Awards

- Awards will be given to the teams with the fastest times and highest bounce.
- All team times will be combined and a trophy will be given to the overall fastest teams.
- Additional awards will also be given for the following:
 - Best Bed Design
 - Most Outrageous Bed
 - Broken Spring Award, a.k.a. “the What Were You Thinking Award”
 - People’s Choice Award

IRON DAYS FESTIVAL
2016
Bed Race



PARTICIPATION/
WAIVER FORM

Bed Name _____

Team Members _____

Please return to Enoch City Office at:

900 East Midvalley Road
Enoch, Utah 84721



The participants hereby release Enoch City Corporation and Iron County School District from all liability of every kind and character due to the loss, damage or injury to body and/or property, which said owner might have on the Elementary property or Enoch City streets.

Signed _____ Date _____
_____ Date _____
_____ Date _____
_____ Date _____