Coverage for: Individual and Family plans | **Plan Type:** PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.pehp.org or call 1-800-765-7347. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.pehp.org or call 1-800-765-7347 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$500 person/\$1,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the policy, they have to meet their own individual <u>deductible</u> until the overall family <u>deductible</u> amount has been met.
Are there services covered before you meet your <u>deductible</u> ?	Yes. Some <u>network provider</u> visits or preventive care received from <u>network providers</u> are not subject to the <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain preventive services without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No	You do not have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$4,000 person/\$8,000 family for <u>network</u> providers. No <u>out-of-pocket limit</u> for <u>out-of-</u> <u>network providers</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges and healthcare this <u>plan</u> doesn't cover. See Benefits Summary.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.pehp.org or call 1-800-765-7347 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider</u> network. You will pay less if you use a <u>provider</u> in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your plan pays (a balance bill). Be aware, your <u>network provider</u> might use an <u>out-of-</u> <u>network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your overall <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	Somuises Veu Mey	What You Will Pay		Limitations Exceptions 9	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
lf you visit a health care <u>provider's</u> office	Primary care visit to treat an injury or illness	\$20 co-pay/visit PEHP Value Clinics: Starting at \$10 co-pay/visit	40% of <u>Allowed Amount</u> (AA) after <u>deductible</u>	*The following services are not covered: charges for after hours or holiday; acupuncture; screening for developmental delay.	
or clinic	<u>Specialist</u> visit <u>Preventive care</u> / <u>screening</u> /immunization	\$30 co-pay/visit No charge	40% of AA after <u>deductible</u> 40% of AA after <u>deductible</u>	*You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge if the <u>Allowed</u> <u>Amount</u> (AA) is under \$350, 20% of AA after <u>deductible</u> if AA is over \$350	40% of AA after <u>deductible</u>	*Qualifying adult members age 18 and up may receive one facility-based sleep study for obstructive sleep apnea in a hospital in a three-year period, Pre-authorization required. Additional attended sleep studies for adults must be performed at an office or an office-based clinic, but not a hospital or	
	Imaging (CT/PET scans, MRIs)	No charge if the AA is under \$350, 20% of AA after <u>deductible</u> if AA is over \$350	40% of AA after <u>deductible</u>	clinic whose allowed amount is based off a percentage of billed. *Genetic testing requires <u>pre-authorization</u> . *Some scans require <u>pre-authorization</u> .	
If you need drugs to	Generic drugs (Tier 1)		The preferred co-pay plus the difference above the discounted cost	*PEHP formulary must be used. Retail and mail-order prescriptions not refillable until 75% of the total prescription supply within the last 180 days is used; some drugs require step therapy and/or <u>pre-authorization</u> . Enteral	
treat your illness or condition More information about <u>prescription</u> drug coverage is available at	Preferred brand drugs (Tier 2)		The preferred co-pay plus the difference above the discounted cost	formula requires <u>pre-authorization</u> . No coverage for: non-FDA approved drugs; vitamins, minerals, food supplements, homeopathic medicines, and nutritional supplements; non-covered medications used in compounded	
	Non-preferred brand drugs (Tier 3)		The preferred co-pay plus the difference above the discounted cost	preparations; oral and nasal antihistamines; replacement of lost, stolen, or damaged medication.	
www.pehp.org.	<u>Specialty drugs</u> (Tier 4)	Medical - 20% of AA after <u>deductible</u> for Tier A drugs, 30% of AA after <u>deductible</u> for Tier B drugs	Tier A 40% of AA after <u>deductible</u> Tier B 50% of AA after <u>deductible</u>	*PEHP uses the specialty pharmacy Accredo and Home Health Providers for some specialty drugs; <u>pre-authorization</u> may be required. Using Accredo may reduce your cost.	

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your overall <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Linsitations Frequetions 0	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*No coverage for: cosmetic surgery; bariatric surgery. Spinal cord stimulators require <u>pre-authorization</u> .	
outpatient surgery	Physician/surgeon fees	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>		
lfd	Emergency room care	\$150 co-pay after <u>deductible</u> / visit	\$150 co-pay after <u>deductible</u> /visit plus any <u>balance billing</u>	None	
If you need immediate medical attention	Emergency medical transportation	20% of AA after <u>deductible</u>	20% of AA after <u>deductible</u> , plus any <u>balance billing</u>	*Ambulance charges for the convenience of the patient or family are not covered. Air ambulance covered only in life-threatening emergencies and only to the nearest facility where proper medical care is available.	
	<u>Urgent care</u>	\$40 co-pay/visit	40% of AA after <u>deductible</u> /visit	None	
	Facility fee (e.g., hospital room)	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*Take home medication from a hospital or other facility unless legally required and approved by PEHP. Inpatient mental health/substance	
lf you have a hospital stay	Physician/surgeon fee	\$20/\$30 co-pay per visit depending on <u>provider</u> type, 20% of AA after <u>deductible</u> for surgeons fees	40% of AA after <u>deductible</u>	abuse, skilled nursing facilities, inpatient rehab facilities, out-of network inpatient, out-of-state inpatient and some in-network facilities require <u>pre-</u> <u>authorization</u> .	
	Outpatient services	\$30 co-pay/visit	40% of AA after <u>deductible</u>	*No coverage for: milieu therapy, marriage counseling, encounter groups,	
If you have mental health, behavioral health, or substance abuse needs	Inpatient services	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	hypnosis, biofeedback, parental counseling, stress management or relax- ation therapy, conduct disorders, oppositional disorders, learning disabili- ties, situational disturbances. Residential treatment programs require preauthorization and 60 day limit applies. Some of these services may be covered through your employer's Employee Assistance Program or Life Assistance Counseling.	
	Office visits	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	None	
lf you are pregnant	Childbirth/delivery professional services	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>		
	Childbirth/delivery facility services	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>		

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your overall <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Services You M		What You Will Pay		Limitations Exceptions 9	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Home health care	No charge for skilled nursing visit	40% of AA after <u>deductible</u>	* <u>Out-of-network</u> requires <u>pre-authorization</u> . No coverage for custodial care. Maximum of 60 visits per plan year.	
	Rehabilitation services	Inpatient: 20% of AA after <u>deductible</u> . Outpatient: \$30 co-pay/visit	40% of AA after <u>deductible</u>	*Outpatient Physical Therapy (PT) /Occupational Therapy (OT) is limited to 20 combined visits per plan year. Speech Therapy (ST) is limited to a maximum of 60 visits per lifetime. Maintenance therapy and therapy for developmental	
If you need help recovering or have other special health	Habilitation services	Inpatient: 20% of AA after <u>deductible</u> . Outpatient: \$30 co-pay/visit	40% of AA after <u>deductible</u>	delay are not covered. Inpatient rehabilitation is limited to 45 days per plan year and requires <u>pre-authorization</u> .	
needs	Skilled nursing care	20% of AA after <u>deductible</u>	Not covered	*No coverage for custodial care. Maximum of 60 visits per plan year.	
	<u>Durable medical</u> equipment	20% of AA after <u>deductible</u>	40% of AA after <u>deductible</u>	*Sleep disorder supplies are limited to \$325 in a plan year. One oral sleep appliance is covered every 5 years. Certain equipment requires <u>pre-authorization</u> .	
	Hospice service	No charge	40% of AA after <u>deductible</u>	None	
If your child needs	Children's eye exam	Over age 5 and adults: \$30 co-pay per visit.	40% of AA after <u>deductible</u>	*One routine exam per plan year ages 3-5 as allowed under the Affordable Care Act payable at 100% for <u>network providers</u> .	
dental or eye care	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up	Not covered	Not covered	None	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Does NOT	Cover (This isn't a complete l	ist. Check your policy or plan	document for other <u>exclude</u>	<u>d services</u> .)
 Acupuncture Ambulance charges for the convenience of the patient or family; air ambulance for non-life-threatening situations Bariatric surgery Charges for which a third party, auto 	 Cover (This isn't a complete I Complications from any non-covered services, devices, or medications Cosmetic surgery Custodial care and/or maintenance therapy Developmental delay — screening Foot care — routine Glasses 	• Mental Health — milieu therapy, marriage counseling, encounter groups, hypnosis, biofeedback, parental counseling, stress management or relaxation therapy, conduct disorders,	 Mental health and substance abuse care from an <u>out-of-network provider</u> Non-emergency care when traveling outside the U.S. Nursing — private duty Nutritional supplements, including — vitamins, minerals, food 	charges for after hours or holiday • Prescription medications not on the PEHP formulary; non-covered medications used in compounded preparations; oral and nasal antihistamines; replacement of lost, stolen, or damaged medication; take-
insurance, or worker's compensation plan are responsible • Chiropractic care from an <u>out-of-</u> <u>network provider</u> Other Covered Services (Lim	• Hearing aids	oppositional disorders, learning disabilities, situational disturbances ervices. This isn't a complete list	supplements, homeopathic medicines • Office visits — in conjunction with hearing aids; st. Please see your <u>plan</u> docur	home medications unless approved by PEHP • Weight-loss programs ment.)

Coverage provided outside the U.S.
 Long-term care

Dental care (Adults or children)
 Routine eye care (Adults and children, exams only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565 or www.cciio.cms.gov. Other options to continue coverage are available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit www.HealthCare.gov or call 1-800-318-2596. For more information on your rights to continue coverage, contact the plan at 1-800-765-7347.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: www.pehp.org or 1-800-765-7347.

Does this Coverage Provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month under this plan or under other coverage, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this Coverage Meet the Minimum Value Standard? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-765-7347 (TTY: 711).

---To see examples of how this plan might cover costs for a sample medical situation, see the next page.----

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the cost sharing amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

The plan's overall <u>deductible</u>	\$500
Specialist copayment	\$30
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (*ultrasounds and blood work*) Specialist visit (*anesthesia*)

Total Example Cost	\$7,600
In this example, Peg would pay:	
Cost sharing	

Cost sharing	
Deductibles	\$500
Copayments	\$0
Coinsurance	\$1,420
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$1,920

Managing Joe's type 2 Diabetes
(a year of routine in-network care
of a well-controlled condition)

The plan's overall <u>deductible</u>	\$500
Specialist copayment	\$30
Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: Primary care physician visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

In this example, Joe would pay: Cost sharing Deductibles \$500 Copayments \$0 Coinsurance \$1,000 What isn't covered Limits or exclusions \$0 The total Joe would pay is \$1,500

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall <u>deductible</u>	\$500
Specialist copayment	\$30
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic tests (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,500
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In this example, Mia would pay:

Cost sharing	
Deductibles	\$500
Copayments	\$0
Coinsurance	\$400
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$900

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact PEHP Healthy Utah, 801-366-7300.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.